

Dear Parents, Carers and Families

Welcome to our last newsletter before the half term break! Although the weather outside has been cold, our learners have enjoyed a week of discovery and learning. Some of our younger learners visited the Science Museum where they explored a range of scientific topics.



Many learners also enjoyed being outdoors for community learning, with a group at Willows Farm where they experienced a range of activities including feeding animals, ice-skating, tractor riding and soft-play.



**Thank you to all of the parents and carers that joined in learning experiences with classes during Family Learning Week. We value the partnership with you!**

## Parent Council

Parent Council met on Wednesday. The Parent Council discussed therapy provision, ideas to support the school's Charity in fundraising, managing road traffic, new socialising opportunities, and outreach activities for isolated parents. Please talk to your class Parent Council representative for more details.

Parent Council also discussed the benefits of yoga and the potential of having yoga techniques that they can use at home. The school has yoga in the curriculum, and offers 'Yoga for Parents' sessions at the school every Friday from 9:30am during term time for your wellbeing.

Parents Council would like to share details of the MahaDevi Roberta Sumar Yoga Centre in Islington which runs yoga therapy sessions for children with special needs:

<http://mahadevicentre.com/home/>



Parent Council also discussed how helpful 'Resources for Autism Centre in Barnet' are for home and community support. For more information, please visit:

<https://resourcesforautism.org.uk/>

### **Half Term Break from 12<sup>th</sup> February to 16<sup>th</sup> February**

**Here are some half-term break opportunities in the community:**

**KEEN London** is a charity offering 2 hour sports sessions to children with disabilities on Sundays. They currently have a few spaces available in the 5-13 age range. Read more about it here: <https://www.keenlondon.org/>

**Winter ClubGames** Our colleagues at Disability Sports <http://disabilitysportscoach.co.uk/> are running sports activities on Wednesday 14 February from 10:00-2:30 at their Winter ClubGames. This is a free event giving all disabled people aged 11 to adults the opportunity to take part in a variety of sports. Four sports will be on offer including netball, football, dance and New Age Kurling! The event will be held at the Castle Centre, 2 St Gabriel Walk, London SE1 6FG. For more information, please contact Lauren Mawdsley on 020 7021 0973 or [LaurenM@disabilitysportscoach.co.uk](mailto:LaurenM@disabilitysportscoach.co.uk)

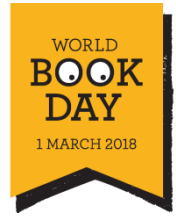
### **Camden Council Parent & Carer Counselling Service**

Holidays for parents of children with special needs can sometimes be a bit more difficult, and can cause stress. Camden are running a free confidential counselling service available to all parents of children who attend Camden schools. Counselling sessions can be used to talk through any problems, worries or changes in your life. For more information phone 020 7974 6500.

## World Book Day

This year World Book Day is Thursday 1<sup>st</sup> March. This year, all pupils are invited to come to school dressed up as their favourite book character! Class teachers will inform you of more plans for World Book Day after half term. For more information on this year's World Book Day visit:

<http://www.worldbookday.com/>



We wish you a happy and safe half term break and look forward to welcoming your children back at school on **Monday 19<sup>th</sup> February**.

Best wishes,



Monika Gaweda  
Head of School