

## Weekly/Monthly Activities for Parent Groups 2018 -19

Activity	Room	Date/time	Frequency	People Involved	Focus
<b>Somali Parent Group</b>	145	Last Monday of every month 10-12	Once a month during term time	Hamdi	Information & advice. Training for parents. Talking and sharing among parents.
<b>Parents Drop-In</b>	145	Tuesdays 10-1pm	Every week in term time	Hamdi, Israth and Rob C	Information, Advice and Guidance.
<b>Family Learning Courses</b>	Breakout Room	Wednesdays 10-12.30pm	Winter half term	Louise Severyn-Kosinska & Rob C	Opportunity for parents to learn new skills that they can use with their children and family.
<b>ESOL Classes</b>	145	Wednesday 10-12	Every week in term time	Working Men's Collage, Israth & Hamdi	To give parents an opportunity to learn English.
<b>Bengali Parent Group</b>	145	Thursday 10-12	Once a Month in term time	Israth	Information & advice Talking therapy
<b>Knitting/ Crochet Group</b>	145	Thursday 10-12	Every week in term time	Israth	Learning to knit and crochet together. Talking and sharing between parents. Contributing to markets and fund raising events.
<b>Resource Making Group</b>	145	Friday Mornings 10-12.30	Every week in term time	Joanna & RC	Designing and creating a map for parents of the green spaces in Camden.
<b>Yoga for Parents</b>	DRC or tbc	Fridays 9.45- 10.45	Every week in term time	Mary O'Hara	Yoga sessions to de-stress